



Dear LSU First Member:

During this time following your Notice of Termination, your LSU First Team would like to remind you of your option to retain coverage under COBRA. You can keep your LSU First Coverage, as set forth below, as well as your voluntary benefit options beyond your termination.

COBRA is a Federal law offering an opportunity to temporarily continue the same group benefits individually after your employment has been terminated for certain reasons, including a lay off or voluntary termination. Each qualified beneficiary who elects continuation coverage will have the same rights under the continued Plan as other Plan Members for the duration of your COBRA coverage.

1. **LSU First Health Insurance:** You can keep your LSU First coverage, for at least 18 months as long as the COBRA requirements are met. However, you must pay the total cost for such coverage. LSU cannot pay any amount of the premium. LSU/WebTPA, the LSU First COBRA administrator, will contact you with more information regarding continuation coverage by LSU First, and an enrollment form to help you get started. You must make your COBRA election, in writing, within 60 days from the last day of your benefit coverage through the LSU System. You will have 45 days from your election date to submit your payment. You will be responsible for the full cost of your premium (both the employer and the employee portions) and a 2% administrative service fee. Please see the following page for your monthly COBRA premiums.
2. **Humana Dental and Eye-Med Vision:** You can keep your Humana Dental and Eye-Med Vision coverage for at least 18 months as long as you meet the COBRA requirements. You must continue to pay the total cost for such coverage. LSU cannot pay any amount of the premium. Humana Dental and Eye-Med Vision will contact you with applicable information on your options for electing COBRA coverage. For additional information on Humana Dental COBRA you can call 866-996-5200 and for Eye-Med Vision COBRA you can call 844-409-3401.

LOUISIANA STATE UNIVERSITY SYSTEM

3810 West Lakeshore Drive, Suite 123 · Baton Rouge · Louisiana 70808

3. **United Healthcare Life:** To keep your United Healthcare Life policy you will need to complete a conversion form. This form can be obtained from your HR department. This form must be completed within 31 days of the date of termination.

4. **UNUM Long Term Care:** To keep your UNUM Long Term Care Coverage you will need to complete an "Election to Continue Your Long Term Care Insurance Coverage" form. Please contact your HR department to request a copy of the form. This form must be completed within 31 days of the date of termination. The rates on this product will not change.

Should you have any questions about retaining your benefits, please contact your Human Resource Department or your LSU First Member Advocate at 1-866-607-5325 / lsufirstinfo@lsu.edu.

Sincerely,

Your LSU First Team

LSU FIRST COBRA PREMIUMS 2022	
LSU First Option 1	
Employee Only	\$826.79
Employee + Spouse	\$1,625.45
Employee + Children	\$1,053.64
Employee + Family	\$1,904.28